



Course Synopsis

The Palliative Care Centre for Excellence in Research and Education (PaIC) is offering a seven-day course, with clinical attachments, aimed to develop participants' theoretical and practical knowledge in delivering competent, evidence-informed holistic palliative care in any healthcare setting.

Course Objectives

The following topics will be covered:

- Principles and overview of palliative care services in Singapore
- Palliative care in advanced illness (cancers and non-cancers)
- Management of pain and common symptoms.
- Psychosocial, emotional and spiritual issues in palliative care
- Advance Care Planning
- Communication skills in palliative care
- Role of physiotherapy (including rehabilitation), occupational therapy, art therapy and music therapy in palliative care.
- Wound management
- Care of the dying in their last hours
- Caregiver support, grief and bereavement
- Clinical attachment to inpatient hospices, homecare and hospitals

Who Should Attend

Registered Nurses who are involved or interested in the provision of palliative care to adult patients and their families.

When & Where

Classroom: 7 Feb, 21 Feb, 28 Feb, 6 Mar, 13 Mar, 20 Mar and 3 Apr 2020 /
9am - 5pm

Venue: Dover Park Hospice, 10 Jalan Tan Tock Seng, Singapore 308436

Clinical attachment: 23 Mar, 24 Mar, 25 Mar, 26 Mar, 27 Mar and 30 Mar 2020 (full day)

Course Fees (after GST)



\$1,391.00 per person
(before subsidy)

**Prevailing course fee subsidy at 90% for Singaporean/PR and 45% for non-Singaporean/PR working in eligible Community Care organisations.*

Registration Details

- Registration closing date: **15 Dec 2019**
- Please register through **AIC ILTC-LMS**.
- For any enquiries or those without access, please contact us at 6500 7243 or dph_courses@doverpark.sg.

Key Trainers



Dr Ong Wah Ying

MBBS, MMed (Family Medicine), FAMS

Deputy Director (Education), The Palliative Care Centre for Excellence in Research and Education (PaIC)

Senior Consultant and Medical Director, Dover Park Hospice

Dr Ong is a Senior Consultant and the Medical Director of Dover Park Hospice. She joined the hospice in 2006. She was previously Adjunct Assistant Professor with the National University of Singapore Yong Loo Lin School of Medicine from 2010 to 2017, overseeing undergraduate palliative medicine postings under the Family Medicine module. As Assistant Course Director, she pioneered the Graduate Diploma in Palliative Medicine. She is also Honorary Treasurer of the Singapore Hospice Council, and Visiting Consultant in Tan Tock Seng Hospital.



Adjunct Associate Professor Allyn Hum

MBBS BAO, MRCP, DPM, FAMS

Centre Director, The Palliative Care Centre for Excellence in Research and Education (PaIC)

Senior Consultant, Tan Tock Seng Hospital

Dr Hum is a Senior Consultant at Tan Tock Seng Hospital, specialising in geriatric and palliative care. She is also Director of Programme Dignity, Singapore's first palliative home care programme for patients living with advanced dementia. She co-edited the book 'The Bedside Palliative Medicine Handbook', which serves as a practical guide to palliative medicine.

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