



## Course Synopsis

The Palliative Care Centre for Excellence in Research and Education (PaIC) is offering a 9 half-days course, with 1 day clinical attachment, aimed to increase participants' confidence and competence in caring for patients with life-limiting conditions.

## Course Objectives

The following topics will be covered:

- An overview of palliative care perspectives
- Communication skills for formation of therapeutic relationship with patients and families
- Basic understanding of the end phase of common cancers and non-cancer conditions
- Basic understanding of emergencies in palliative care
- Recognition of final hours and advance care planning
- Revisiting clinical skills, in the context of palliative care
- Basic assessment and management of symptoms, signs and psychosocial issues encountered at the end-of-life
- Recognition of self-care needs
- Complementary therapies
- Rehabilitation in palliative care

## Who Should Attend

Enrolled Nurses and Nursing Aides working in nursing homes, hospices or community hospitals who care for patients with life-limiting conditions.

## When & Where

**Classroom:** 9 Apr, 16 Apr, 23 Apr, 30 Apr, 7 May, 14 May, 28 May, 11 Jun and 18 Jun 2019 (8am – 12pm)

**Venue:** Dover Park Hospice, 10 Jalan Tan Tock Seng, Singapore 308436

**Clinical attachment:** 30 May 2019 (full day)

**Venue:** TBA

## Course Fees (after GST)



\$695.50 per person

(before subsidy\*)

*\*Prevailing course fee subsidy at 90% for Singaporean/PR and 45% for non-Singaporean/PR working in eligible Community Care organisations.*

## Registration Details

- Registration closing date: **20 Mar 2019**
- Please register through **AIC ILTC-LMS**.
- For any enquiries or those without access, please contact us at [enquiries@palc.org.sg](mailto:enquiries@palc.org.sg) or 6500 7269.

## Key Trainer



### Ms Sylvia Lee Ling Ling

Advanced Practice Nurse (Palliative Care), Dover Park Hospice (Home Care)  
PhD (Candidate), Post-Master's Adv Cert in Palliative Care (USA), MN & BN  
(Syd), Palliative Care NP (NY), RN

Sylvia is the first Palliative Care Advanced Practice Nurse (APN) in Singapore. She began her journey as a Palliative Care nurse since 1999, after completing her Master of Nursing (Clinical Practice – Gerontology) at the University of Sydney, Australia. In 2006, she completed her Post-Master's Advanced Certificate: Advanced Practice Nursing in Palliative Care at New York University, USA. She obtained her license to practice as Palliative Care Nurse Practitioner in New York State & being accredited by US National Board for Certification of Hospice & Palliative Nurses, to practice as Advanced Certified Hospice & Palliative Nurse (2006-2010). She was awarded the prestigious 'President's Award for Nurses' in 2009, and received the 'Inaugural Healthcare Humanity Award' in 2004, for her contributions to Palliative Care Nursing.

She is a certified ELNEC (End-of-Life Nursing Education Consortium – International) trainer and actively involved in providing Palliative Care Nursing training to nurses from various care settings at basic and advanced practice level. Currently, she is part of the Dover Park Home Care and Program Dignity team (integrated palliative home care services), to care for terminally ill patients with complex needs at home. At the same time, she is conducting her PhD research on 'Transition experience of terminally ill patients and their primary caregivers within the integrated care system in Singapore: an institutional ethnographic study'.

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