



## Course Synopsis

The Palliative Care Centre for Excellence in Research and Education (PaIC) is offering a 9 half-days course, with 1 day clinical attachment, aimed to increase participants' confidence and competence in caring for patients with life-limiting conditions.

## Course Outline

The following topics will be covered:

- An overview of palliative care perspectives
- Communication skills for formation of therapeutic relationship with patients and families
- Basic understanding of the end phase of common cancers and non-cancer conditions
- Basic understanding of emergencies in palliative care
- Recognition of final hours and advance care planning
- Revisiting clinical skills, in the context of palliative care
- Basic assessment and management of symptoms, signs and psychosocial issues encountered at the end-of-life
- Recognition of self-care needs
- Complementary therapies
- Rehabilitation in palliative care

## Who Should Attend

Enrolled Nurses and Nursing Aides working in nursing homes, hospices or community hospitals who care for patients with life-limiting conditions.

## When & Where

**Classroom:** 1 Oct, 8 Oct, 15 Oct, 22 Oct, 5 Nov, 12 Nov, 19 Nov, 26 Nov and 3 Dec 2019 (8am – 12pm)

**Clinical attachment:** 21 Nov 2019 (full day)

**Venue:** Dover Park Hospice, 10 Jalan Tan Tock Seng, Singapore 308436

## Course Fees (after GST)



\$695.50 per person  
(before subsidy\*)

*\*Prevailing course fee subsidy at 90% for Singaporean/PR and 45% for non-Singaporean/PR working in eligible Community Care organisations.*

## Registration Details

- Registration closing date: **10 September 2019**
- Please register through **AIC ILTC-LMS**.
- For any enquiries or those without access, please contact us at 6500 7243 or [dph\\_courses@doverpark.sg](mailto:dph_courses@doverpark.sg).

## Key Trainer

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### Ms Susan Chan Bee Sim

Senior Nurse Clinician, Home Care

Dover Park Hospice

Master of Science (Palliative Care), King's College, United Kingdom

Graduate Certificate in Health Care (Palliative Care), Flinders University, Australia

Bachelor of Science (Honours) Nursing Studies, University of Hull, United Kingdom

Registered Nurse, London, United Kingdom

Susan has experience working in a multitude of palliative care settings. In 2010, together with a team of dedicated and like-minded colleagues, she was part of the team which started the Home Care team at Dover Park Hospice. She has also worked in the inpatient team as well. In addition to clinical home visits, Susan also teaches a variety of topics on palliative care with The Palliative Care Centre for Excellence in Research and Education (PaIC).

Previously, Susan had worked in an acute hospital setting as a Palliative Care Nurse Clinician at Tan Tock Seng Hospital and also in the Home Care team at HCA Hospice Care.

Susan was a recipient of the Healthcare Humanity Award in 2007.



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