



**Interactive Live Stream Webinars
and Virtual Group Work
(Dialectic teaching and
experiential learning)**

Dates: 25 and 26 June 2020

Time: 9am - 5pm

Objectives

By the end of this workshop, participants will be able to:

- Define the construct of dignity as it relates to palliative and end-of-life populations in the Asian context.
- Describe the association between an undermined sense of dignity and physical and psychological outcomes.
- Outline the theoretical underpinnings of FDI as a psycho-therapeutic intervention.
- Identify the practical counselling skills and etiquette required to conduct FDI.
- Experience taking on the role of FDI therapist, patient and caregiver through role play.
- Summarize the rationale for and steps involved in editing and creating an FDI legacy document.
- Discuss barriers and facilitators to implementing FDI in practice.
- Articulate various approaches for how FDI can be employed alongside Advance Care Planning.
- Reflect upon how FDI could be used in participants' own clinical environment.

Overview

This two-day professional workshop will provide participants with a unique opportunity to learn and experience a novel and clinically robust Family Dignity Intervention (FDI) for cultivating existential wholeness among terminally-ill patients and their families facing the end of life.

Who Should Attend

Physicians, registered nurses, social workers, psychologists, counselors, ACP trainers and facilitators, and chaplains working in nursing home, hospice, palliative and end-of-life care.

Course Fees (after GST)



\$428.00 per person
(before subsidy*)

**Prevailing course fee subsidy at 90% for Singaporean/PR and 45% for non-Singaporean/PR working in eligible Community Care organisations.*

**Organisations will be billed the amount after subsidy.*

Trainers



Associate Professor Andy Hau Yan HO

Dr Ho is Associate Professor of Psychology and Medicine of Nanyang Technological University, Singapore. He is a multiple award-winning social scientist, educator and psychologist who specializes in psychosocial gerontology, hospice and palliative care, holistic therapies and community empowerment. Andy is also Board Director of the prestigious International Work Group on Death, Dying and Bereavement (IWGDDB) and Association for Death Education and Counseling (ADEC), as well as a Fellow in Thanatology and a Marriage and Family Therapist. He is the founder of Family Dignity Intervention.



Ms Geraldine TAN-HO

Ms Tan-Ho is a senior clinical counsellor and a Certified Thanatologist. She is also Honorary Mentor for Singapore's largest paediatric palliative home care hospice. Geraldine is interested in research and interventions that facilitate meaningful dialogue on life and death issues that can lead to community empowerment, positive social change, and the enhancement of the healthcare landscape in Asia, particularly in paediatric palliative care.



Ms CHOO Ping Ying

Ms Choo is a multilingual counselor, with vast experience working with diverse clientele (i.e., from adolescents to seniors, couples and families) and possesses strong passion in advocating for clients' well-being. Her areas of research experience revolve around, but not limited to, self-compassion and mindfulness, feminism, marriage and family, mental health, and LGBT population. She aspires to be a counseling psychologist, specializing in grief and loss, and contribute to the community via research, clinical services and psychoeducation.

Registration Details

- Registration closing date: **10 June 2020**
- Please register through **AIC ILTC-LMS**.
- For any enquiries or those without access, please contact us at enquiries@palc.org.sg.