

**Talk on Care at the End of Life.** What do we know about death and dying? Has it been medicalized? This 4-hour workshop will give participants an understanding of the nursing, psychosocial, spiritual needs of patients at the end of life.

## **Course Objectives**

This course aims to help participants to:

- Recognize and manage common symptoms of patients in their last hours
- Gain a basic understanding of psychosocial and spiritual needs of terminally ill patients
- Understand the needs and challenges of communication at the end-of-life

## **Training Methodology**

Didactic lectures, pre-workshop readings, case sharing, quizzes, group discussions

# **Course Outline (4 hours)**

The following topics will be covered:

- Physiologic changes of dying
- Common symptoms and their management in the final hours
- Psychosocial and spiritual needs at the end-of-life
- The role of advance care planning at the end-of-life
- Communication at the end-of-life
- Care for the deceased person
- Staff support

#### **Target Audience**

Registered Nurses, Enrolled Nurses, Support Care Staff

#### Course Time

5 Feb 2021, 1pm to 5pm (4 hours)

**Course Fee:** \$149.80 (Including GST) Prevailing course fee subsidy at 90% for Singaporeans/PRs and 45% for Work Pass Holders working in eligible community care organisations.

### Trainer's Profile

Ms Sylvia Lee Ling Ling is the first Palliative Care Advanced Practice Nurse (APN) in Singapore. She began her journey as a Palliative Care nurse since 1999, after completing her Master of Nursing (Clinical Practice -Gerontology) at the University of Sydney, Australia. In mid-2006, she completed her Post-Master's Advanced Certificate: Advanced Practice Nursing in Palliative Care at New York University, USA. She obtained her license to practise as Palliative Care Nurse Practitioner in New York State & being accredited by US National Board for Certification of Hospice & Palliative Nurses to practise as Advanced Certified Hospice & Palliative Nurse (2006-2010).

Sylvia is currently an Advanced Practice Nurse (Palliative Care) with the Home Care and Programme Dignity team (integrated palliative home care services) at Dover Park Hospice.

Venue
✓ Zoom online platform
Enquiries
✓ 6500 7269 ⋈ enquiries@palc.org.sg



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