

Family Dignity Intervention (FDI): Psycho-Socio-Spiritual Care for Terminally-III Patients and their Families. Come learn and experience a novel Family Dignity Intervention to support terminally-ill patients and their families.

#### **Course Objectives**

This two-day professional workshop will provide participants with a unique opportunity to learn and experience a novel and clinically robust Family Dignity Intervention (FDI) for cultivating existential wholeness among terminally-ill patients and their families facing the end of life.

## **Training Methodology**

Interactive lectures, case sharing, role play demonstration, experiential role play, legacy document writing, and large and small group discussions

# **Course Outline (2 days)**

This course will cover the following:

- Define the construct of dignity as it relates to palliative and end-of-life populations in the Asian context.
- Describe the association between an undermined sense of dignity and physical and psychological outcomes.
- Outline the theoretical underpinnings of FDI as a psychotherapeutic intervention.
- Identify the practical counselling skills and etiquette required to conduct FDI.
- Experience taking on the role of FDI therapist, patient and caregiver through role play.
- Summarize the rationale for and steps involved in editing and creating an FDI legacy document.
- Discuss barriers and facilitators to implementing FDI in practice.
- Articulate various approaches for how FDI can be employed alongside Advance Care Planning.
- Reflect upon how FDI could be used in participants' own clinical environment.

Venue
Zoom online platform
Enquiries
6500 7269 view enquiries@palc.org.sg

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### **Target Audience**

Doctors, Registered Nurses, Advanced Care Practice Nurses, Allied Health Professionals, Psychosocial Staff, Support Care Staff

#### Course Time

15 and 17 Mar 2021 (2 days), 9am - 5pm

**Course Fee:** \$481.50 (Including GST) Prevailing course fee subsidy at 90% for Singaporeans/PRs and 45% for Work Pass Holders working in eligible community care organisations.

### **Trainers' Profile**

A/Prof Andy Hau Yan Ho is Associate Professor of Psychology at the School of Social Sciences, Honorary Joint Assistant Professor at the Lee Kong Chian School of Medicine, Nanyang Technological University, Singapore. He is also Deputy Director (Research) of The Palliative Care Centre for Excellence in Research and Education (PalC). He is a Fellow in Thanatology, serving on the Board of Directors of the International

Work Group on Death, Dying and Bereavement (IWGDDB), and the Association of Death Education and Counseling (ADEC).

Ms Geraldine Tan-Ho is a senior clinical counsellor and a Certified Thanatologist. She is also Honorary Mentor for Singapore's largest paediatric palliative home care hospice.

Ms Choo Ping Ying is a multilingual counselor, with vast experience working with diverse clientele (i.e., from adolescents to seniors, couples and families) and possesses strong passion in advocating for clients' well-being.



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