Certificate in Basic Palliative Care for Registered Nurses



Certificate in Basic Palliative Care for Registered Nurses. The Palliative Care Centre for Excellence in Research and Education (PalC) is offering a seven-day course, which aims to develop participants' theoretical and practical knowledge in delivering competent, evidence-informed holistic palliative care in any healthcare setting.

Course Objectives

- 1. Understand the principles and overview of palliative care services in Singapore
- 2. Identify psychosocial, emotional and spiritual issues in palliative care
- 3. Articulate the role of Advance Care Planning
- 4. Identify ethical issues in palliative care
- 5. Demonstrate effective communication skills in palliative care
- 6. Understand role of palliative rehabilitation
- Recognise the importance of caregiver support, grief and bereavement issues
- 8. Able to manage pain and common symptoms in end of life care
- Recognise and manage patients at the end of life
- 10. Understand the goals and care in palliative wound management

Training Methodology

This course involves Interactive lectures, case sharing, role play demonstration, experiential role play, and large and small group discussions. There will also be a written assessment component in the form of MCQs and submission of a reflective essay.

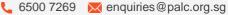
Course Outline (7 full-days)

- Principles and overview of palliative care services in Singapore
- The Palliative Care Team
- Palliative care in advanced illness (cancers, non-cancers, dementia, frailty)
- Psychosocial, emotional and spiritual issues in palliative care
- Advance Care Planning
- Communication skills in palliative care
- Palliative Rehabilitation (role of physiotherapy and occupational therapy)
- Art therapy and music therapy in palliative care
- Management of pain and common symptoms
- Wound management in Palliative Care
- · Care of the dying in their last hours

Venue

Zoom online platform

Enquiries



In partnership with



Target Audience

Registered Nurses who involved or interested in the provision of palliative care to adult patients and their families.

Course Time

15 Oct, 22 Oct, 29 Oct, 5 Nov, 12 Nov, 19 Nov, 26 Nov 2021 9am to 5pm

Course Fee

\$1605 (Including GST).

Prevailing course fee subsidy at 90% for Singaporeans/PRs and 45% for Work Pass Holders working eligible community care organizations.

Lead Trainers' Profile



Dr Joseph ONG Yew Jin Senior Consultant, Park Dover Hospice



Adjunct A/Prof Allyn HUM Yin Mei Centre Director. **Palliative** The Care Centre for Excellence in Research and Education Senior Consultant, Department of **Palliative**



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www.palc.org.sg/education/

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