

Essentials of Thanatology: Death, Dying and Bereavement. Come explore the field of Thanatology – the socio-cultural and psycho-spiritual issues relating to illness, dying, death, and bereavement, and our personal attitudes in response to them.



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Course Objectives

This course aims to give an overview and summary of the field of Thanatology.

It explores the social, cultural, psychological, legal, ethical, and spiritual issues raised by illness, dying, death and bereavement. It also explores the meaning of death and examines personal attitudes and fears to understand the grieving process and basic grief support throughout the life span.

All information is relevant to everyday life and most specifically to those practitioners providing death education, as well as those supporting the dying and bereaved.

Training Methodology

Didactic lectures, experimental learning, group activities and discussions, reflective exercises

Course Outline (2 full-days)

The course will focus on applying theory and research to expand participants' cognitive knowledge and practical skills to develop the emotional competence required for working with dying and bereaved individuals.

It presents the essential topics and core knowledge for death-related counselling and death education using a comprehensive and interdisciplinary approach:

- Death and loss in contemporary society
- The experience of dying
- End-of-life decision making
- Loss, grief and mourning
- Assessment and intervention
- Traumatic deaths
- Life and death education

Target Audience

- Doctors, Registered Nurses, Advanced Practice Nurses, Enrolled Nurses, Allied Health Professionals, Psychosocial Staff, Senior Management, Support Care Staff
- Chaplains, Funeral Directors, Police and Emergency Medical Technicians
- Individuals who are working as volunteers or support staff working with critically ill, dying or bereaved individuals

Course Time

7 and 8 Mar 2022, 9am - 5pm

Course Fee

\$449.40 (Including GST)

Prevailing course fee subsidy at 90% for Singaporeans/PRs and 45% for Work Pass Holders working in eligible community care organisations

Trainer's Profile



A/Prof Andy Hau Yan Ho is Associate Professor of Psychology at the School of Social Sciences, Honorary Associate Professor at the Lee Kong Chian School of Medicine, and Director of the Action Research for Community Health (ARCH) Laboratory, at Nanyang Technological University, Singapore.

He is also Deputy Director (Research) of The Palliative Care Centre for Excellence in Research and Education (PaIC).

He is a Fellow in Thanatology, and currently serves on the Board of Directors of the International Work Group on Death, Dying and Bereavement (IWGDDB), as well as the Association for Death Education and Counseling (ADEC).



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