Introduction to Palliative Care for **Nursing Aides / Enrolled Nurses**



Courtesy of Dover Park Hospice

Course Objectives

This 9 half-days course aims to increase participants' confidence and competence in caring for patients with life-limiting conditions.

Training Methodology

Didactic lectures, case studies, role play, videos

Course Outline (9 half-days)

- An overview of palliative care perspectives
- Communication skills for formation of therapeutic relationship with patients and families
- Basic understanding of the end phase of common cancers and non-cancer conditions
- Basic understanding of emergencies in palliative
- Dementia & caregiver support
- Recognition of final hours
- Decision making at end of life
- Revisiting of clinical skills, contextualized for palliative care
- Basic assessment and management of symptoms, signs and psychosocial issues encountered at endof-life
- Recognition of self-care needs and importance of team support
- Rehabilitation in palliative care

QiC Learning Network

Target Audience

Enrolled Nurses and Nursing Aides working in nursing homes, hospices or community hospitals who care for patients with life-limiting conditions.

Course Time

24 May, 31 May, 7 Jun, 14 Jun, 21 Jun, 28 Jun, 5 Jul, 12 Jul, and 19 Jul 2022 1pm to 5pm

Course Fee

\$775.75 (Including GST)

Prevailing course fee subsidy at 90% for Singaporeans/PRs and 45% for Work Pass Holders working in eligible community care

Lead Trainer's Profile



Ms Sylvia Lee Ling Ling is the first Palliative Care Advanced (APN) Practice Nurse Singapore. She began her journey as a Palliative Care nurse since 1999, completing her Master of Nursing (Clinical Practice -Gerontology) at the University of Sydney, Australia.

In mid-2006, she completed her Post-Master's Advanced Certificate: Advanced Practice Nursing in Palliative Care at New York University, USA. She obtained her license to practice as a Palliative Care Nurse Practitioner in New York State and was accredited by US National Board for Certification of Hospice & Palliative Nurses to practice as an Advanced Certified Hospice & Palliative Nurse (2006-2010).

Sylvia is currently an Advanced Practice Nurse (Palliative Care) with the Home Care and Programme Dignity team (integrated palliative home care services) at Dover Park Hospice.

Venue

Zoom online platform

Enquiries



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