

**Essentials of Thanatology: Death, Dying and Bereavement.** Come explore the field of Thanatology – the socio-cultural and psycho-spiritual issues relating to illness, dying, death, and bereavement, and our personal attitudes in response to them.

### Course Objectives

This course aims to give an overview and summary of the field of Thanatology.

It explores the social, cultural, psychological, legal, ethical, and spiritual issues raised by illness, dying, death and bereavement. It also explores the meaning of death and examines personal attitudes and fears to understand the grieving process and basic grief support throughout the life span.

All information is relevant to everyday life and most specifically to those practitioners providing death education, as well as those supporting the dying and bereaved.

### Training Methodology

Didactic lectures, experimental learning, group activities and discussions, reflective exercises


### Course Outline (2 days)

The course will focus on applying theory and research to expand participants' cognitive knowledge and practical skills to develop the emotional competence required for working with dying and bereaved individuals.



It presents the essential topics and core knowledge for death-related counselling and death education using a comprehensive and interdisciplinary approach:

- Death and loss in contemporary society
- The experience of dying
- End-of-life decision making
- Loss, grief and mourning
- Assessment and intervention
- Traumatic deaths
- Life and death education
- The future of thanatology

#### Venue

 Zoom online platform

#### Enquiries

 6500 7269  [enquiries@palc.org.sg](mailto:enquiries@palc.org.sg)

### Target Audience

- Doctors, Registered Nurses, Advanced Practice Nurses, Enrolled Nurses, Allied Health Professionals, Psychosocial Staff, Senior Management, Support Care Staff
- Individuals who are working as volunteers or support staff working with critically ill, dying or bereaved individuals

### Course Time

18 and 20 Jan 2021 (2 days), 9am - 5pm

### Course Fee: \$428.00 (Including

GST) Prevailing course fee subsidy at 90% for Singaporeans/PRs and 45% for Work Pass Holders working in eligible community care organisations.

### Trainer's Profile

**A/Prof Andy Hau Yan Ho** is Associate Professor of Psychology at the School of Social Sciences, Honorary Joint Assistant Professor at the Lee Kong Chian School of Medicine, and Deputy Director of the Centre for Population Health Sciences at Nanyang Technological University, Singapore.

He is also Deputy Director (Research) of The Palliative Care Centre for Excellence in Research and Education (PaIC).

He is a Fellow in Thanatology, and currently serves on the Board of Directors of the International Work Group on Death, Dying and Bereavement (IWGDDB), and the Association of Death Education and Counseling (ADEC).



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