



Courtesy of Dover Park Hospice

What do we know about death and dying? Has it been medicalized? This 4-hour workshop will give participants an understanding of the nursing, psychosocial, spiritual needs of patients at the end of life.

Course Objectives

Participants would be able to:

- Recognize and effectively manage common symptoms experienced by patients in their last hours
- Describe at a basic level the psychosocial and spiritual needs of terminally ill patients, and employ appropriate interventions to address these needs
- Discuss the unique needs and challenges of communication at the end-of-life, and utilize effective strategies to facilitate compassionate and meaningful interactions
- Identify the needs and challenges of communications at the end-of-life
- Recognize the role of the nurse in relation to the patient and caregivers in the dying phase

Training Methodology

Didactic lectures, case sharing, group discussions, multiple choice questions assessment

Course Outline (Half-day)

The following topics will be covered:

- Understanding Death Attitudes in Singapore
- Common Signs and Symptoms in the Final Hours
- Management of the Symptoms in the Final Hours
- Role of the Nurse in End-of-Life Care
- Basic Communications

Target Audience

Registered Nurses, Enrolled Nurses, Support Care Staff

Course Fee

\$181.44 (Including GST)

Prevailing course fee subsidy at 90% for Singaporeans/PRs and 45% for Work Pass Holders working in eligible community care organizations

Course Time

22 Aug 2023, 1pm to 5.30pm

Trainer's Profile



Ms Sylvia Lee Ling Ling is the first Palliative Care Advanced Practice Nurse (APN) in Singapore. She began her journey as a Palliative Care nurse since 1999, after completing her Master of Nursing (Clinical Practice – Gerontology) at the University of Sydney, Australia.

In mid-2006, she completed her Post-Master's Advanced Certificate: Advanced Practice Nursing in Palliative Care at New York University, USA. She obtained her license to practise as Palliative Care Nurse Practitioner in New York State, and was accredited by US National Board for Certification of Hospice & Palliative Nurses to practise as an Advanced Certified Hospice & Palliative Nurse (2006-2010).

Sylvia is currently an Advanced Practice Nurse (Palliative Care) with the Home Care and Programme Dignity team (integrated palliative home care services) at Dover Park Hospice.

Venue

Zoom online platform

Enquiries

6500 7269 enquiries@palc.org.sg



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