

Course Objectives

This two-day professional workshop will provide participants with a unique opportunity to learn and experience a novel and clinically robust FDI for cultivating existential wholeness among terminally-ill patients and their families facing the end of life.

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Target Audience

Doctors, Registered Nurses, Advanced Care Practice Nurses, Allied Health Professionals, Psychosocial Staff, Support Care Staff

Course Fee

\$486 (Including 8% GST)

Prevailing course fee subsidy at 90% for Singaporeans/PRs and 45% for Work Pass Holders working in eligible community care organizations

Course Time

23 & 24 Nov 2023, 9.30am to 5.30pm

Training Methodology

Interactive lectures, case sharing, role play demonstration, experiential role play, legacy document writing, and large and small group discussions

Course Outline (2 days)

This course will cover the following:

- Define the construct of dignity as it relates to palliative and end-of-life populations in the Asian context.
- Describe the association between an undermined sense of dignity and physical and psychological outcomes.
- Outline the theoretical underpinnings of FDI as a psycho-therapeutic intervention.
- Identify the practical counselling skills and etiquette required to conduct FDI.
- Experience taking on the role of FDI therapist, patient and caregiver through role play.
- Summarize the rationale for and steps involved in editing and creating an FDI legacy document.
- Discuss barriers and facilitators to implementing FDI in practice.
- Articulate various approaches for how FDI can be employed alongside Advance Care Planning.
- Reflect upon how FDI could be used in participants' own clinical environment.

Trainers' Profile



A/Prof Andy Hau Yan Ho is Associate Professor of Psychology at the School of Social Sciences, Honorary Associate Professor at the Lee Kong Chian School of Medicine, and Director of the Action Research for Community Health (ARCH) Laboratory, at Nanyang Technological University, Singapore (NTU). He is also Deputy Director (Research) of PaIC.

He is a Fellow in Thanatology, and currently serves on the Board of Directors of the International Work Group on Death, Dying and Bereavement (IWGDDb), as well as the Association for Death Education and Counseling (ADEC).



Ms Geraldine Tan-Ho is a Research Associate and Senior Counsellor at NTU and heads the FDI therapy for terminally ill patients and their families. She holds a Masters of Social Science in Professional Counselling (Msoc.Sc) and is a Certified Thanatologist for her professional and educational achievements in the field of death, dying, and bereavement.



Ms Choo Ping Ying is a multilingual counselor, with a Master in Counseling and Guidance (Couples and Family emphasis). She has vast experience working with diverse clientele (i.e., from adolescents to seniors, couples and families). Ping Ying is a Research Associate and Counsellor at NTU, and focuses her efforts on pioneering the FDI therapy for terminally ill patients and their families.

Venue

Ng Teng Fong Centre for Healthcare Innovation (CHI), Learning L6-004
18 Jalan Tan Tock Seng, Singapore 308443

Enquiries

6500 7269 enquiries@palc.org.sg



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