

**Certificate in Community Palliative Care: Psychosocial Care.** Access to supportive care, palliative care and end-of-life care are essential for persons living with an advance illness. In this course, community health and social care professionals will be offered a foundational overview of psychosocial issues faced by their clients living across illness trajectories in the community, and consider their roles in providing holistic support.



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## Course Objectives

1. Outline the philosophy, models and settings of palliative care, end-of-life care and supportive care (PES)
2. Define illness trajectory and its impact on psychosocial well-being
3. Understand symptoms and treatments
4. Apply the biopsychosocial and spiritual framework of assessment
5. Understand decision-making at end-of-life
6. Understand Advanced Care Planning and Lasting Power of Attorney
7. Understand types of grief and grief management
8. Involving caregivers & family members as care partners & service users
9. Working within and across inter-professional teams
10. Understand care management, referral and co-ordination in PES care
11. Understand resources and schemes applicable to PES care
12. Recognize the importance of self-care of the professional
13. Translate knowledge into clinical practice

## Training Methodology

Didactic lectures, small group discussions, course materials posted on online learning portal

## Course Outline (3 full days + 1 half day)

**Part I: An introduction to palliative care, end-of-life care & supportive care (PES)** – Framework, Models & Illness Trajectory

**Part II: Contemporary perspectives in PES care** – Decision-making in PES Care, Advanced Care Planning, Lasting Power of Attorney and Grief Management

**Part III: Partners in PES care** – Caregivers, Inter-professional Teams, Care Management, PES Care Resources and Self-care of the Professionals

### Venue

Ng Teng Fong Centre for Healthcare Innovation (CHI), L6-007 / L6-015  
18 Jalan Tan Tock Seng, Singapore 308443

### Enquiries

6500 7269 ✉ enquiries@palc.org.sg

## Target Audience

Allied Health Professionals, Psychosocial Care Staff, Community Nurses, Clinicians, Administrators and Managers leading care teams in community health and social service agencies supporting clients with life-limiting/threatening illnesses and early career professionals in supportive, palliative and end-of-life care.

## Course Time

25 Jan, 26 Jan, 1 Feb (9am to 6pm), and 2 Feb 2024 (9am to 1pm)

## Course Fee

\$784.80 (Including 9% GST)  
Prevailing course fee subsidy at 90% for Singaporeans/PRs and 45% for Work Pass Holders working in eligible community care organisations

## Trainers' Profiles



**Ms CHEE Wai Yee, MSc Palliative Care**  
Executive Director | Master Social Worker  
The Compassionate Network



**Dr Gilbert FAN, RSW, FAPA**  
Master Medical Social Worker at National Cancer Centre, Singapore. Member of the International Workgroup on Death, Dying and Bereavement



**Ms ONG Gillian, RSW, AThR**  
Senior Medical Social Worker / Senior Art Therapist at Dover Park Hospice



**Ms PEH Cheng Wan, RSW, MSocSci Counselling**  
Principal Therapist and Co-Founder at LivingPath Private Limited. Social Work Fellow in Palliative & End-of-Life Care at Beth Israel Medical Center, New York City

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