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As our population ages, more people will be developing chronic medical conditions which will progress and eventually lead to death. The challenges of managing a patient with advanced non-cancer conditions can be fairly different from caring for someone who is suffering from advanced cancer. The 2-day course will highlight these challenges and focus on palliative care approaches to help healthcare professionals manage non-cancer end-of-life care better.

### Course Objectives

1. Appreciate the challenges faced in caring for patients with advanced non-cancer conditions.
2. Understand the commonly encountered symptoms in end-stage organ failure and neurodegenerative diseases and ways to manage these symptoms effectively.
3. Understand the psychosocial and spiritual needs of these patients and their families.
4. Know what local community resources are available to support these patients and their families.

### Training Methodology

Didactic lectures and interactive small group discussions on case scenarios. Pre-course reading materials will also be provided.

### Course Outline (2 days)

#### Day 1:

- Introduction to palliative care in non-cancer conditions
- Advanced respiratory diseases
- Home ventilation support – issues and challenges
- End-stage liver diseases
- Advanced heart failure

#### Day 2:

- End-of-life care in frailty
- Advanced Parkinson's
- End-stage renal disease
- Psychosocial issues and community resources
- Nutrition & Hydration in advanced non-cancer illness
- Physical therapy in advanced non-cancer illness

#### Venue

📍 Dover Park Hospice, Level 3 Training Room  
TTSH Integrated Care Hub  
1 Tan Tock Seng Link, Singapore 307382

#### Enquiries

☎ 6500 7269 ✉ [enquiries@palc.org.sg](mailto:enquiries@palc.org.sg)

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### Target Audience

Doctors, Registered Nurses, Advanced Practice Nurses, Allied Health Professionals, Psychosocial Staff who care for patients with advanced chronic illnesses in the acute, intermediate, or long-term care settings

### Course Fee

\$457.80 (Including GST)  
Prevailing course fee subsidy at 90% for Singaporeans/PRs and 45% for Work Pass Holders working in eligible community care organizations

### Course Time

01 and 02 August 2024  
9am to 5pm

### Lead Trainer's Profile



**Dr Aw Chia Hui** is a Consultant in the Department of Palliative Medicine at Woodlands Health, with special clinical interests in Medical Education and Palliative care in heart disease. She believes in the education and

training of primary care partners to promote quality palliative care early in the disease process.



#### Register Now

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