

## Introduction to Palliative Care for NAs/ENs



Courtesy of Dover Park Hospice

### Course Objectives

This 4.5-day course aims to increase participants' confidence and competence in caring for patients with life-limiting conditions.

### Training Methodology

Didactic lectures, case studies, role play, videos, assessment

### Course Outline (4.5-days)

- An overview of palliative care perspectives
- Communication skills for formation of therapeutic relationship with patients and families
- Basic understanding of the end phase of common cancers and non-cancer conditions
- Basic understanding of emergencies in palliative care
- Dementia & caregiver support
- Recognition of final hours
- Decision making at end of life
- Revisiting of clinical skills, contextualized for palliative care
- Basic assessment and management of symptoms, signs and psychosocial issues encountered at end-of-life
- Recognition of self-care needs and importance of team support
- Rehabilitation in palliative care

#### Venue

📍 Dover Park Hospice, Level 3 Training Room  
TTSH Integrated Care Hub  
1 Tan Tock Seng Link, Singapore 307382

#### Enquiries

☎ 6500 7269 ✉ [enquiries@palc.org.sg](mailto:enquiries@palc.org.sg)

## QiC Learning Network

### Target Audience

Enrolled Nurses and Nursing Aides working in nursing homes, hospices or community hospitals who care for patients with life-limiting conditions.

### Course Time

20, 21, 27, 28 Aug 2024 – 9am to 6pm  
03 Sep 2024 – 9am to 1pm

### Course Fee

\$790.25 (Including GST)

Prevailing course fee subsidy at 90% for Singaporeans/PRs and 45% for Work Pass Holders working in eligible community care organisations

### Lead Trainer's Profile



**Ms Sylvia Lee Ling Ling** is the first Palliative Care Advanced Practice Nurse (APN) in Singapore. She began her journey as a Palliative Care nurse since 1999, after completing her Master of Nursing (Clinical Practice – Gerontology) at the University of Sydney, Australia.

In mid-2006, she completed her

Post-Master's Advanced Certificate: Advanced Practice Nursing in Palliative Care at New York University, USA.

She obtained her license to practice as a Palliative Care Nurse Practitioner in New York State and was accredited by US National Board for Certification of Hospice & Palliative Nurses to practice as an Advanced Certified Hospice & Palliative Nurse (2006-2010).

Sylvia is currently a Senior Advanced Practice Nurse (Palliative Care) with the Home Care and Programme Dignity team (integrated palliative home care services) at Dover Park Hospice.



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