Essentials of Thanatology: Death, Dying and Bereavement

Come explore the field of Thanatology — the socio-cultural and psycho-spiritual issues relating to illness, dying, death, and bereavement, and our personal attitudes in response to them.

COURSE OBJECTIVES

This course aims to give an overview and summary of the field of Thanatology.

It explores the social, cultural, psychological, legal, ethical, and spiritual issues raised by illness, dying, death and bereavement. It also explores the meaning of death and examines personal attitudes and fears to understand the grieving process and basic grief support throughout the life span.

All information is relevant to everyday life and most specifically to those practitioners providing death education, as well as those supporting the dying and bereaved.

TARGET AUDIENCE

- Doctors, Registered Nurses, Advanced Practice Nurses. Enrolled Nurses. Allied Health Professionals, Psychosocial Staff. Senior Management, Support Care Staff
- Chaplains, Funeral Directors, Police **Emergency Medical Technicians**
- Individuals who are working as volunteers or support staff working with critically ill, dying or bereaved individuals

TRAINING METHODOLOGY

Didactic lectures, experimental learning, group activities and discussions, reflective exercises

COURSE OUTLINE

The course will focus on applying theory and research to expand participants' cognitive knowledge and practical skills to develop the emotional competence required for working with dying and bereaved individuals.

It presents the essential topics and core knowledge for death-related counselling and death education using a comprehensive and interdisciplinary approach:

- Death and loss in contemporary society
- The experience of dying
- End-of-life decision making
- Loss, grief and mourning
- Assessment and intervention
- Traumatic deaths
- Life and death education
- The future of thanatology

COURSE DETAILS

Date and Time: 6 and 7 Oct 2025, 9.30am - 5.30pm Venue: Dover Park Hospice, Level 3 Training Room TTSH Integrated Care Hub (Lobby C) 1 Tan Tock Seng Link, Singapore 307382 Course Fee: \$457.80 per person (Including 9% GST)

* Eligible Community Care Organisations (CCOs) may tap into the Community Care Training Grant (CCTG) to subsidize course fees.

SCAN TO REGISTER



Register by 19 Sep 2025

Please contact us at enquiries@palc.org.sg

Click here to register!

TRAINER'S PROFILE



Prof Andy Hau Yan Ho, PhD, EdD, MFT, is Provost's Chair Professor of Psychology, Professor of Psychology and Medicine at the School of Social Sciences and the Lee Kong Chian School of Medicine, as well as Founding Director of the Action Research for Community Health (ARCH) Laboratory, at Nanyang Technological University (NTU) Singapore. He is also Deputy Director (Research) of PalC, President of the International End of Life Doula Association (INELDA), Past President of the Association for Death Education and Counseling (ADEC), and Fellow of the prestigious International Work Group on Death, Dying and Bereavement (IWGDDB).