

Certificate in Community Palliative Care: Psychosocial Care

Access to supportive care, palliative care and end-of-life care are essential for persons living with an advance illness. In this course, community health and social care professionals will be offered a foundational overview of psychosocial issues faced by their clients living across illness trajectories in the community, and consider their roles in providing holistic support.

Course Objectives

- Outline the philosophy, models and settings of palliative care, end-of-life care and supportive care (PES)
- Define illness trajectory and its impact on psychosocial well-being
- Understand symptoms and treatments
- Apply the biopsychosocial and spiritual framework of assessment
- Understand decision-making at end-of-life
- Understand Advanced Care Planning and Lasting Power of Attorney
- Understand types of grief and grief management
- Involve caregivers & family members as care partners & service users
- Work within and across inter-professional teams
- Understand care management, referral and co-ordination in PES care
- Understand resources and schemes applicable to PES care
- Recognize the importance of self-care of the professional
- Translate knowledge into clinical practice

Course Outline

Part I: An introduction to PES

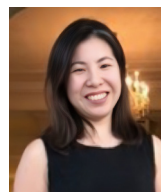
Part II: Contemporary perspectives in PES care

Part III: Partners in PES care

Target Audience

Allied Health Professionals, Psychosocial Care Staff, Community Nurses, Clinicians, Administrators and Managers leading care teams in community health and social service agencies supporting clients with life-limiting/threatening illnesses and early career professionals in supportive, palliative and end-of-life care.

Trainer's Profile



Ms Martha Ng, RSW, MSocSci (Social Work)

Principal Medical Social Worker and Head of Social Work and Psychosocial Services at Dover Park Hospice. Member of the SHC-QI Psychosocial and Spiritual Workgroup



Ms Peh Cheng Wan, RSW, MSocSci Counselling

Community-based Social Worker and Counsellor who actively advances holistic and compassionate care within the community, with a focus on senior care, palliative care, and mental health. A fellowship graduate in Palliative and End-of-Life Care from Beth Israel Medical Center, New York City.



Ms Michelle Lau, RSW, MSocSci (Social Work)

Senior Medical Social Worker at Dover Park Hospice. Awarded Promising Social Worker Award by the Singapore Association of Social Workers in 2021.



Ms Clara Kong, RSW, Master of Social Work

Senior Medical Social Worker at Dover Park Hospice

Course Details

Date & Time: 26 Jan, 27 Jan & 02 Feb 2026, 9am – 6pm
03 Feb 2026, 9am – 1pm

Venue: Dover Park Hospice, Level 3 Training Room
TTSH Integrated Care Hub (Lobby C)
1 Tan Tock Seng Link, Singapore 307382

Course Fee: \$863.28 per person (Including 9% GST)

- **Eligible Community Care Organisations (CCOs) may tap into the Community Care Training Grant (CCTG) to subsidize course fees.**
- **This course is not eligible for SkillsFuture Credit**

Registration



Scan the QR code or click [here](#) to register!

Register by **09 January 2026**

For enquiries, please contact us at enquiries@palc.org.sg

Training Methodology

Didactic lectures, small group discussions, course materials posted on online learning portal