

Target Audience

This course is designed for support staff, including nursing and therapy aides, counsellors, social work associates, administrators, volunteers and befrienders in the healthcare setting.

Course Objectives

This course provides an introduction to palliative and supportive care for patients with life-limiting illnesses. Participants will gain understanding of symptom recognition and management, learn basic nursing care and recognize clinical deterioration requiring support.

Course Outline

The following topics will be covered:

1. Principles and goals of palliative care
2. Comfort-focused and holistic care approaches
3. Basic symptom assessment and supportive care
4. Basic nursing care and pressure injury prevention
5. Changes in end-of-life care and escalation needs
6. Self-care in palliative care practice
7. Grief and Bereavement work

Training Methodology

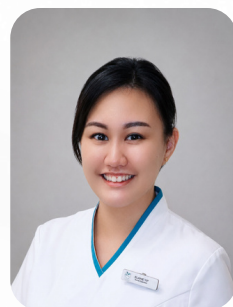
You will learn at your own pace through e-learning and tutorial sessions conducted online and onsite which reinforce understanding and application.

Lead Trainers' Profile



Ms Madelina Lim
Nurse Educator, Dover Park Hospice

Madelina is a nurse at Dover Park Hospice, dedicated to supporting and facilitating learners in their journey towards professional growth. By combining practical instructional design with a focus on improving organisational performance, she creates meaningful learning experiences. She has a Specialist Diploma in Palliative Care Nursing (SDPCN), a Graduate Diploma in Workplace Learning (GDWPL), and a Diploma in Design and Development of Learning for Performance (DDDLP). She also holds a Graduate Certificate in Teaching and Learning (NUS) and an Advanced Certificate in Training and Assessment (ACTA).



Ms Elaine Yip
Nurse Educator, Dover Park Hospice

Elaine is a nurse in Dover Park Hospice. She currently works as a Nurse Educator after years honing her skills as a homecare staff nurse. Her passion lies in training and mentoring new nurses in palliative care. In 2018, she completed her Advanced Diploma in Palliative Care at Nanyang Polytechnic, and obtained her Advanced Certificate in Learning and Performance (ACLP) in September 2024.

Course Details

Course Duration: 14 to 09 Oct 2026

Training Mode :

- **Self-paced e-Learning**
Access to video lectures from 14 Sep to 09 Oct 2026.
 - **Online Tutorial via Zoom**
25 Sep 2026, 9am - 11am
 - **Onsite Tutorial**
02 Oct 2026, 9am - 1pm
Venue : Dover Park Hospice, Level 3 Training Room
TTSH Integrated Care Hub
1 Tan Tock Seng Link, Singapore 307382
- Course Fee : \$450 per person (excluding GST)

- Eligible Community Care Organisations (CCOs) may tap onto the [Community Care Training Grant \(CCTG\)](#) to subsidize course fees.
- This course is not eligible for funding using SkillsFuture Credit.

Registration



Scan the QR code or click [here](#) to register!

Register by **28 August 2026**

For any enquiries, please contact us at enquiries@palc.org.sg